

# Butterfly Lodge news

January 2016



## Happy New Year

Welcome back everyone! We hope you all had a wonderful Christmas and New Year. Please make sure you look at our events list to book in all the important dates for 2016 to ensure you have them saved in your diaries.

## Chinese New Year 2016 — A Monkey Year



Chinese New Year 2016 will be a year of the Monkey. For people born in a year of the monkey (1920, 1932, 1944, 1956, 1968, 1980, 1992, 2004). To celebrate this holiday we will be making lots of Chinese New Year craft and participating in food tasting and other fun Chinese New Year activities. If you would like to join in at home why not have ago at making your very own Chinese dragon to put on our display in the hall way.



## Have you heard about?

**Parents are being urged to sign up for a free app which tells them the sugar content of food and drink.**

The "sugar smart app", from Public Health England, works by scanning barcodes and revealing total sugar in cubes or grams.

Officials hope it will help combat tooth decay, obesity and type two diabetes and encourage families to choose healthier alternatives.

PHE says young children are eating three times more than the sugar limit.

Its new **Change4Life advertising campaign**, which includes the sugar app, suggests that on average children aged four to ten years old are consuming 22kg of added sugar a year.

That's about 5,500 sugar cubes - more than the weight of an average five-year-old child.

The app has been developed to raise awareness of how much sugar is contained in everyday food and drink.

It works on more than 75,000 products, offering a quick guide to help parents to assess potential purchases that may harm their children's health.

For more information visit: <http://www.bbc.co.uk/news/health-35199889>



## Tempest Photography

Tempest photography will be at Bluebell Lodge on Saturday 6<sup>th</sup> February 10:00-14:00 if you would like to book in a time slot to have your photos taken please come to the office thank you.



## Chatterbox Challenge



helps children  
**communicate**

REGISTERED CHARITY 210031

The theme for 2016, Ben & Holly's Elf and Fairy Party is about getting young children to take part in fun party games while chattering about what they are doing, seeing and hearing. Children will have fantastic fun learning songs and developing their own communication skills. They'll be raising funds to help children across the UK who are struggling to speak and understand. Butterfly Lodge will be taking part in this challenge all week from February 8<sup>th</sup> and we will all be joining in with different games and activities to help support communication.

To stay up to date with the latest news and events please like us on [Facebook](#).

January 4 <sup>th</sup>	Nursery reopens at 08:00
February 6 <sup>th</sup>	Tempest Photography 10:00 - 14:00
February 8 <sup>th</sup>	Chinese New Year - Year of the Monkey
February 8 <sup>th</sup>	Chatterbox Challenge Week

February 9 <sup>th</sup>	Shrove Tuesday
February 14 <sup>th</sup>	Valentines Day
March 3 <sup>rd</sup>	World Book Day
March 6 <sup>th</sup>	Mothers Day
March 18 <sup>th</sup>	Sports Relief
March 23 <sup>rd</sup>	Parents Evening 18:00 - 20:00
March 25 <sup>th</sup>	Easter Fun Day 10:00 - 12:00
March 25 <sup>th</sup>	Bank Holiday (nursery closed)
March 28 <sup>th</sup>	Bank holiday (nursery closed)
May 2 <sup>nd</sup>	Bank Holiday (nursery closed)
May 30 <sup>th</sup>	Bank Holiday (nursery closed)
May 27 <sup>th</sup>	Tempest photography - Graduation Photographs
June 6 <sup>th</sup>	Ramadan
June 19 <sup>th</sup>	Father's Day
June 22 <sup>nd</sup>	Parents Evening 18:00 - 20:00
June 25 <sup>th</sup>	Lytham Club Day
July 5 <sup>th</sup>	Eid-ul-Fitr
July 9 <sup>th</sup>	St Annes Club Day Parade
August 6 <sup>th</sup>	Summer Fair & Graduation 12:00 - 14:30
August 29 <sup>th</sup>	Bank Holiday (nursery closed)
September 12 <sup>th</sup>	Harvest rehearsal 10:15 St Mary's Church
September 21 <sup>st</sup>	Harvest rehearsal 14:30 St Mary's Church
September 30 <sup>th</sup>	Harvest rehearsal 10:15 St Mary's Church
September 23 <sup>rd</sup>	Jeans for Genes
October 3 <sup>rd</sup>	Harvest Festival 14:30 St Mary's Church
October 30 <sup>th</sup>	Divali
October 31 <sup>st</sup>	Halloween
November 1 <sup>st</sup>	Nativity rehearsal 10:15 St Mary's Church
November 5 <sup>th</sup>	Bonfire Night
November 9 <sup>th</sup>	Nativity rehearsal 14:30 St Mary's Church
November 13 <sup>th</sup>	Remembrance Sunday
November 17 <sup>th</sup>	Nativity rehearsal 10:15 St Mary's Church
November <sup>th</sup>	Children in Need (TBC)
November 16 <sup>th</sup>	Parents Evening 18:00 - 20:00
December 1 <sup>st</sup>	Nativity rehearsal 10:15 St Mary's Church
December 6 <sup>th</sup>	Nativity rehearsal 10:15 St Mary's Church
December 9 <sup>th</sup>	Pre School Nativity 14:30 St Mary's Church
December 10 <sup>th</sup>	Christmas Fair 12:00 - 14:30

December 23<sup>rd</sup> Nursery closes at 18:00 for the Christmas Period  
January 3<sup>rd</sup> 2017 Nursery reopens at 08:00